



**Chowgule Education Society's
St. Joseph's Institute, Primary
Monthly Syllabus – Year 2025-26**

Month: December

Class: 1

English

Verb (action words)- Revision

Vowel and consonant revision

Grammar- adjective (describing words)

Articles - a and an

Hindi

व्यंजन की जानकारी एव शब्द

क से ड तक - पुनरावृत्ति

लेखनकार्य

च से झ ,

ट से ण तक

गाना - आलू बोला

Marathi

व्यंजन ओळख - चछजङ्ग, टठडण

गाणे - मनीच्या कुशीत झोपलयं कोण?

Math

Addition of two digit numbers revision

Subtraction of two digit numbers

Shapes

UOI

Transdisciplinary Theme- Sharing the planet

Central Idea- our food comes from plants and animals and our choices affect other living things and the environment.

Lines of Inquiry

3- Our responsibility towards using food wisely and avoiding waste.

Activities:

Monitoring food wastage in the snack time

Taking a promise and telling one action/habit how they will avoid food waste.

Picture and video provocation

Computers

APPLICATION: MS WORD

Cut and Paste

Exercises:

*Pasting objects under **plant-based** and **animal-based** food sources

(Integration with UOI)

*Pasting objects under the articles “a” and “an”

(Integration with English)

Copy and Paste

Exercises:

*Copy and paste the object according to the **number provided**

(Math Integration)

Insert WordArt - Format text and shape

Insert shape - resize, Format shape - shape fill

Exercises:

Inserting WordArt ‘Happy Christmas’ and drawing Christmas-related shapes such as a tree, star, and snowman using shapes.

Visual Arts

1. Christmas tree using basic shapes

objective - To help students understand **basic shapes** and **composition**.

2. decorating a Christmas tree

objective - To encourage **creativity, choice, openmindedness and festive expression**.

3. santa claus drawing

objective - To draw a **human figure using simple shapes**.

Through these art activities, PYP 1 students developed fine motor skills and hand-eye coordination.

They enhanced their thinking skills by recognising shapes and making creative choices.

Students expressed ideas confidently through colours and drawings.

The activities also supported social skills, independence, and self-confidence.

Indian Music

Western Music

Christmas carols

Dance

- Bhumi pranam
- Basic steps: Marching/Stepping
- Hopping & Jumping
- Formation: Circle, waves. turning
- Christmas Dance: “Deck The Hall”

Yoga

- **Warm-up:** Head, neck shoulder rolling
- Touching toes
- **Asanas:** Tadasana, Urdhava tadasana, Triyak tadasana
- **Breathing Exercises:** Buzzing bumble bee breaths
- **Meditation:** Backward counting from 100 - improves focus and concentration

Library

- Book Issue
- Christmas story
- Book Talk

Games