



**Chowgule Education Society's
St. Joseph's Institute, Primary
Monthly Syllabus – Year 2026-27**

Month: September

PY 1

English

Poem

- The Friendly Cow
- Introduction - Kookaburra

Grammar

Revision

- Naming words
- Singular-Plural adding(s)

Describing words - (size, shape, colour, texture)

- Reading simple sentences with simple daily routine words.

Hindi

- पुनरावृत्ति - स्वर (अ से अः तक)
- जानकारी - गणेशचतुर्थी, कृष्ण जन्माष्टमी
- गीत - धोबी आया, स्वर गीत
- गिनती - (१- १०) पहचान एवं लेखन कार्य।
- व्यंजन - क, ख

Marathi

- उजळणी - अ ते ओ
- स्वर - औ ते ऑ
- गोष्ट - सद्
- माहिती - गणेश चतुर्थी

Math

Revision

1. Calendar

- **Revision**
- Completing a worksheet based on Calendar.

2. Number Names – Revision (21 to 40)

- Revision of number names from **twenty-one to forty**.

3. Tables – 0 and 1

- Introduction to multiplication through equal groups and repeated addition.
- Understanding the **0 times table**.
- Understanding the **1 times table**.
- Recognising patterns in multiplication.

Activity: Students explored the 0 and 1 times tables using objects, oral questioning, songs, repeated addition and simple table games.

4. Comparing Numbers

- Introduction to comparing numbers using objects and pictures.
- Introduction to **greater than, less than and equal to** through the **Foxy the Crocodile story**.
- Understanding that Foxy opens its mouth towards the **greater number**.
- Comparing numbers using a number line.
- Introduction and use of the symbols **>, < and =**.

Activity: Students listened to the Foxy the Crocodile story and used the crocodile idea to compare numbers. They then compared numbers using counters, number cards and a number line and practised using the correct comparison symbols.

5. Skip Counting by 2 upto 50

- Introduction to the 2 times table.
- Understanding multiplication as groups of 2.
- Connecting repeated addition with multiplication.
- Reading and practising the table of 2.

Activity: Students practised skip counting using number lines, actions, songs and a skip-counting on note book.

6.Table of 2

- Introduction to the 2 times table.
- Understanding multiplication as groups of 2.
- Connecting repeated addition with multiplication.
- Reading and practising the table of 2.

UOI

Transdisciplinary Theme – Sharing the Planet

Central Idea

Living things adapt to their environment in order to grow and survive.

Lines of Inquiry

- Different environments of living things (Form)
- How living things change and adapt to survive (Change)

Learning Journey

Adaptation and Survival

- Built on their understanding of different environments and the needs of living things.
- Explored how living things are adapted to the environments in which they live.
- Made connections between the characteristics of animals and their ability to grow and survive in their surroundings.
- Developed an understanding that living things may face difficulties when their environment is not suitable for their survival.

What If? – Exploring Adaptation

- Engaged in a “What If?” activity by observing pictures of animals in environments different from their natural habitats.
- Consider the question, “**What if a camel stays in a polar region? Will it survive?**”
- Shared their observations, predictions and reasoning about why the camel would or would not be able to survive in a polar environment.
- Connected the activity to the idea that animals have specific adaptations that help them survive in their natural environments.
- Strengthened their understanding of the relationship between an animal and its environment.

Interdependence – We Need Each Other

- Developed an understanding of how living things are connected and depend on one another.
- Explored the concept of interdependence through an English poem that highlighted how living things need one another.
- Identified simple examples of how plants, animals and humans depend on each other.
- Recognised that living things have an important role in their environment and that these connections help support life.

Taking Action – Caring for Living Things

- Reflected on their learning about living things, their environments, adaptation and interdependence.
- Discussed the importance of caring for plants and animals in their surroundings.
- Identified simple and meaningful ways in which they can show care and responsibility towards living things.
- Took action by focusing on ways to care for and protect plants and animals.
- Reflected on how their actions can contribute to the well-being of living things and their environment.
- **Concluded the unit by connecting their understanding of adaptation and interdependence with responsible action.**

Learner Profiles

Inquirers

Knowledgeable

Approaches to Learning

- Social Skills
- Self-Management Skills

Art

Paper Tearing Collage (Flower Pot)

- **Can statement:** I can tear and arrange paper to create a flower pot collage.
- **Key concepts:** Form, Function
- **ATL skills:** Thinking (planning a composition from torn pieces), Self-management (careful use of materials)

- **Vocabulary:** tear, collage, flower pot, arrange

2D Lantern Design

- **Can statement:** I can design, colour and cut a 2D lantern shape, repeating the design on the back of the paper.
- **Key concepts:** Form, Function
- **ATL skills:** Thinking (planning a multi-step design), Self-management (following a sequence of steps)
- **Vocabulary:** lantern, shape, design, cut, colour

Indian Music

- Vocal Warm-up
- Alankar (Sa Re, Re Ga)
- Dynamics (Soft & Loud)
- Types of Music in India (Classical, Folk, Devotional, Film music)
- Hich Amuhi Prarthana (verse-Dharma jati)
- Diwali Song

Western Music

Song for September- Five little seeds (topic-Food and farming)—In progress

Revision and correction of songs: (1) We belong to earth (August) (2) Where does water go (July).

FOCUS on : To develop pitch, tempo and vocal expression.

PERFORMANCE: Individual/Solo and Group/Band.

Percussion Instrument revision: The Botalino, Tambourine and body percussion.

Integration: Applied beat to singing and percussions: To build overall coordination.

OVERVIEW:

LEARNING ACTIVITIES: ONGOING DEVELOPMENT.

Dance

- **Warm-up activities** using simple stretches, body isolations and rhythmic movements.
- Explore **different ways of moving** using levels, directions and pathways.
- Express **simple feelings through movement**, such as happiness, sadness, excitement and calmness.

- Use **facial expressions and gestures** to communicate emotions while dancing.
- Explore how **speed, energy and rhythm** can change the way an emotion is expressed.
- Use **body language and movement qualities** to represent different feelings and ideas.
- Create **short movement sequences** that show a feeling, idea or simple situation.
- Perform and reflect on how **movement, expression and music** help communicate feelings to an audience.

Yoga

Warm-up

Breathing exercise : Balloon technique

Standing Asanas : Tadasana, Urdhatadasna, Triyak Asana, Kati Chakra.

Hasta uttanasana, Padahastanasana

Meditation : Learners focus on their inhalation and exhalation while counting backward from 20 to improve concentration and mindfulness.

Navkaasna

Tree pose

Dandasana

Janushiarshasana

4 asanas cover

Mudra, 5 types Breathing technique, meditation, 10 types hand mudra.

Sitting asana : Butter Fly pose, Paschimottaanasana, Marjaye aasana

Library

- Library Activity: "10 Things I Saw in the Library"

Children visited the library and explored their surroundings. They observed different things such as books, shelves, tables, chairs, pictures, and other library materials. They talked about and named the things they saw in the library.

- Ganesh Chaturthi Story: "The Birth of Lord Ganesha"

Children listened to the story of how Lord Ganesha was born and learned why Ganesh Chaturthi is celebrated to honor Lord Ganesha.

- Dog Dairy :-

Children explored a dog-themed diary book and talked about the dog, its features, and what it does.

- The Tortoise and the Eagle:-

Children listened to the story of The Tortoise and the Eagle and learned about kindness, friendship, and helping others.

PSPE

- **Games** - Cone Transfer Race , Pass hoop over Body ,You and me game
- **Athletics** - Warm-up and cool-down, Safety rules, Running technique, Sprint start, Relay exchange, Standing broad jump, Throwing, Fitness and endurance.