



**Chowgule Education Society's
St. Joseph's Institute, Primary
Monthly Syllabus – Year 2026-27**

Month: July

EY 3

Literacy

- CVC words: at, an, ap, ad, as family words
- Sight words: the, is, I, a, and, of, that

Story:

- Brown Bear, Brown Bear, What Do You See?
- The Tale of Peter Rabbit
- Picture reading and simple speaking activities

Rhymes

- To market to market
- Action rhyme - Clap your hands
- Brush your teeth
-

Numeracy

- Numbers 1 to 60
- Number Names one to Ten
- Backward numbers 20 - 1
- Concepts - Big, Bigger, Biggest
Small, Smaller, Smallest
- Shapes

UOI

Transdisciplinary Theme: Who We Are

Central Idea: Healthy habits help us grow and feel good

Lines of Inquiry: 1. Ways of healthy habits in daily life

2. Habits cause changes in our body and feelings

3. Choices that support our growth and well-being

Learning Experiences: Think – Pair – Share

Group collaboration

Activities : Role play

Daily Routine Sequencing

Healthy and Unhealthy choices sorting

Healthy Habits Chart

Library**Story**

- Coco and momo plays hide and sick
- Little tree changed the village
- Toto and his bone
- Fancy Nancy every day is the Earth day

Indian Music

- Vocal Warm-up (Animal Sounds)
- Alankar (Sa Re Ga Ma)
- Hua Sawera
- Hum Honge kamiyaab
- Hich Aamuchi Prarthana (First verse- Dharma jati)

Western Music**Overview:**

Core Rhythm Concept: 4/4 (crotchet notes).

Percussion Instrument/s: Body percussion and Tambourine.

Learning Status: Ongoing development

Songs: Age-appropriate songs to develop pitch and tempo.

The Beat: 4/4 Common Time.

Body Percussion: Foundational Clap beat for steady rhythm in 4/4

Instrument Application: Tambourine: Basic grip and strike patterns in 4/4

Integration: Singing and playing beat: To build pitch, tempo, and coordination.

Music and Movements

- Basic Steps: Walk, march, clap, jump, side step, turn, freeze.
- Eye Movements: Up, down, left, right, follow hands.
- Hand Movements: Clap, wave, raise, lower, open, close.
- Leg Movements: Toe tap, heel tap, knee bend, kick, jump.
- Coordination: Right–left steps, step with clap, balance, turn.
- Music & Rhythm: Follow the beat, fast/slow movement, start and stop with music.
- Dance Activity: Simple creative dance to "Celebration" by Ananda Shankar.
- Learning Outcome: Develop rhythm, coordination, balance, confidence, and expressive movement.
- Introducing “ Asamyukta Hasta mudra” (only 5 gestures) basic folk dance steps.

Visual Arts

Unit: Filling Beads on a Thread

- Explored key concept: **Form** and **Pattern**
- Engaged in threading beads onto a thread — developing hand-eye coordination and fine motor skills
- Made independent choices about which beads to select — colour, shape and size
- Began to create simple patterns through bead selection and sequencing
- Developed concentration, patience and focus through the threading process
- Explored **Visual Arts elements: Colour** and **Shape**
- Developed **ATL skill — Self-management**: managing materials carefully, sustaining focus and concentration
- Developed **ATL skill — Thinking (creative)**: making choices about colour and pattern in bead sequencing
- Demonstrated **Learner Profile** attributes: **Caring** and **Risk-taker**