



**Chowgule Education Society's
St. Joseph's Institute, Primary Section
Monthly Syllabus – Year 2026-27**

Month: June

Class: 4

<u>English</u> Poetry Wake up ! Grammar Revision The Sentence Frywords and revision Introducing oneself Conversation Self-introduction paragraph
<u>Hindi</u> पुनरावृत्ति - मात्राएँ पाठ वाचन - स्वामी विवेकानंद नए शब्द एवं वाक्य रचनात्मक लेखन - मेरी छुट्टियाँ
<u>Marathi</u> प्रार्थना - आहे तुझे आभाळ उजळणी - स्वर आणि व्यंजन, मात्रा आणि व्याकरण लेखन कार्य - माझी उन्हाळी सुट्टी
<u>Math</u> Numbers up-to 5 ,6 & 7 digit numbers ● Place Value and Face Value ● Expanded Form ● Successor and Predecessor ● Number Names (Numbers in Words) ● Odd and Even Numbers

UOI

Transdisciplinary Theme: Who We Are

Central Idea: Interdependence of human body systems enables the body to function effectively.

Lines of Inquiry:

1. Structure and function of human body systems
2. Relationship between a healthy body and mind
3. Our responsibility towards wellness

-LOI 1-Structure and function of human body systems

-Learning Experiences

- Introduction to the transdisciplinary theme *Who We Are*
- Personal strengths and areas for growth
- Understanding personal identity and uniqueness
- Prior knowledge about the human body
- Body parts and their functions
- Internal and external organs
- Introduction to body systems
- Understanding how body parts work together to perform everyday activities

-Activities Conducted:

- My Strengths and Areas for Growth – Self-Reflection Activity
- Organ Riddles
- Mind Mapping on the Human Body
- KWL Chart
- Observation of Everyday Activities in the AV Room
- Group Discussion and Collaborative Chart Work
- Sorting Internal and External Organs in the Science Lab

ICT

Research work on UOI

Art

Topic : Detailed Portrait in Oil Pastels

- Explored key concepts: **Form** and **Perspective**

- Began with guided class inquiry — observing face shape, skin tone, proportion and prominent features
- Created observational self-portraits in pencil with awareness of proportion
- Applied realistic colour using oil pastels — matching actual skin tone, hair and eye colour
- Explored **Visual Arts elements: Shape and Colour**
- Explored **Visual Arts principle: Proportion**
- Developed **ATL skill — Thinking (critical)**: making careful observational and colour-matching decisions
- Developed **ATL skill — Self-management**: sustaining focus across three sessions and controlling medium
- Completed a four-part reflection including self-assessment rubric and anonymous peer feedback gallery walk
- Demonstrated **Learner Profile** attributes: **Reflective** and **Thinker**

Indian Music

- Alankar
- World Music Day Song – *Sangeet Ki Duniya Mein*
- Dynamics (Soft & Loud)
- Music as a Universal Language
- Inquiry: Why is Music Important?
- Ped lagao song

Western Music

Song- 1) What a wonderful world

2) My name my roots

Beat- Clap beat 'Common Time'

Dance

- **Body Exploration:** Posture, balance, levels, directions, stretching, and coordinated body movements.
- **Five Elements of Dance:**
 - Body
 - Space
 - Time
 - Energy
 - Relationship
- **Rhythm:** Practice movement with simple 8-beat counts.
- **Rabindra Nritya:** Learn and perform "**Ananda Loke Mangaloke.**"
- **Expressions:** Joy, devotion, grace, and confidence.
- **Group Performance:** Synchronization, formations, and stage discipline.

Learning Outcome: Develop body awareness, understanding of the five elements of dance, expressive movement, rhythm, and confidence through Rabindra Nritya.

Yoga

- Discuss **International Yoga Day** when it is celebrated, why we celebrate it, and the simple benefits of yoga for a healthy body and calm mind.
- **Warm-up:** Neck, shoulder, waist, knee and ankle rotations, stretching, and light jogging.
- **Breathing Exercise:** 4 count inhale, 4 count hold, 4 count exhale.
- **Asanas:** Utkatasana (Chair Pose), Natarajasana (Dancer Pose), Malasana (Garland Pose), Gomukhasana (Cow Face Pose), Paschimottanasana (Seated Forward Bend).
- **Meditation:** 5 minutes of guided mindfulness and relaxation meditation.

Library

Students revised library rules, book care, and the importance of reading. They also helped arrange books on the shelves to reinforce good library habits. On the occasion of Environment Day, students listened to a story, made paper bookmarks, and drew on the theme "Protect Our Earth."

PSPE

- Basic Commands
- Introduction to Warm-up and cool down Exercises
- Warm-up Games
- Basic Movement Skills
- Safety and Fair Play
- Kho-Kho game