



**Chowgule Education Society's
St. Joseph's Institute, Primary
Monthly Syllabus – Year 2025-26**

Month: January

Class: 1

English

Revision of:

Nouns, Verbs, Adjectives, this, that, these and those

Clock song- (Integration with math time)

Vocabulary- on poem, story

Reading dolch word list-1a

Story on “Who will be the King?” - Comprehension

Preposition- in, on, over, behind, under

Activity- toy placement as per instruction

hand placement as per instruction- on head, over head, under table, behind back

Ex- Pg 87, 88, 89

Punctuation (Capital, full stop)- practice while writing

Hindi

व्यंजन जानकारी एव शब्द

च से अ तक - पुनरावृत्ति

त से न तक - लेखनकार्य

गाना - लकड़ी की काठी

जानकारी - गणतंत्र दिवस

Marathi

व्यंजन ओळख - तथदधन, पफब

गाणे - असावा सुंदर चॉकलेटचा बंगला

गोष्ट - मकरसंक्रांत

Math

Revision of:

Place Value- tense and ones

Addition with carryover

Subtraction with borrowing

Skip counting

Time:

Introduction to parts of clock

Reading Time to the Hour (o'clock)

Drawing the Time to the Hour (o'clock)

Reading the time to Half-Hour (30 minutes)

Facts:

24 Hours in a day

60 Minutes in an hour

7 days of the week

12 Months of the year

Activity- daily routine

Before after for the following:

days of the week

months of the year

EX- Pg 78, 79, 80, 81, 82

UOI

Theme - how we organize ourselves

Central idea: communities have systems and helpers that work together to meet our needs.

Lines of inquiry- 1. Different community helpers and their roles.

Activity1 -guess games whose hands are these?

2 . Video on situations choosing the right helpers

Provocation questions: what will happen if the sanitisation workers don't come for a week?

Activity 3:Sorting of different helpers from different communities.

Understanding what a community is?

Activity 4 communities I belong to mind map

Lines of inquiry 2 : how are community systems connected?

Provocation through a story how systems are connected

Activity 1: Think ,pair and share

Activity 2 : video on journey of letter

Activity 3 : Inquiry on any one community - how it works?

Activity 4 : Provocation on what will happen if there are no traffic police or signals on the busy road?

Discussed and listed how the communities are important and how it works.

Listed helpers, systems and tools

Specified Concept- Function and Connection

Learner Profile- Caring and Principled

Computers

MS WORD APPLICATION

Insert Text Box,

Format Text Box - font, size, Text fill, Text outline

Text effects - outline, shadow, reflection, glow

Insert shape, format shape - Shape fill, shape outline

Bullets

Exercises:

- Type "**Happy New Year**" in a text box and format it.
- Type "**My Best Friends**" in a text box using bullets.
- **My Family** – Type the names of family members in a text box using bullets.
- **Shapes and Their Names** – Insert shapes, format them, and type the shape

names in a text box. Format the text box.

Art

Kite Drawing

Skills Learned

- Fine motor skills (controlled hand movement)
- Hand–eye coordination
- Basic shape formation (triangles, lines)
- Colour filling within boundaries
- Observation & imagination

Concepts Connected

- Shapes & geometry (Math)
- Direction & spatial awareness (up–down, left–right)
- Seasonal awareness (Makar Sankranti / winter festivals)

2. Making Decorative Kites with Coloured Papers

Skills Learned

- Cutting, tearing, pasting
- Pattern making
- Bilateral coordination (both hands working together)
- Sequencing steps
- Creativity & design thinking

Concepts Connected

- Textures & materials
- Recycling & responsible use of paper
- Patterns (Math integration)

3. Republic Day Flag Drawing

Skills Learned

- Colour recognition (saffron, white, green, blue)
- Line control

- Symbol understanding
- Attention & patience

Concepts Connected

- National identity
- Symbols & values
- Early civics awareness
- Respect & unity

4.Simple Paper Quilling

Skills Learned

- Finger strength development
- Precision & focus
- Rolling and shaping techniques
- Following instructions

Concepts Connected

- Shapes (circles, coils)
- Cause & effect (tight roll vs loose roll)
- Texture & form

4.Decorating Paper Mask (Night-In Activity)

Skills Learned

- Expressive creativity
- Colour and material exploration
- Emotional expression

Concepts Connected

- Identity & emotions
- Role play & storytelling
- Cultural masks & celebrations

Indian Music

-Warm up exercise (different types of sound)

- Alankar
- Attention Song - sare ke sare _____ class ke bacche gane lage
- TaNaPiHiNiPaZa (song on colours)
- Sare jahanse aacha

Western Music

Theme: ELECTRICITY

Song: Clap the circuit

Revision-

Song: "The Animal Band"

Dance

- Somatic movement: Means moving our body gently and feeling how it moves
- music: Nostalgia (Ananda shankar)

Yoga

Poses:

- Tree pose
- cat-cow Stretch
- Butterfly pose
- Happy baby pose

Library

- Book Care and Library Responsibility (Revision)
- Importance of Makar Sankranti
- Story of Community Helper (Basava and the Dots of Fire)
- Critical Thinking story (The gullible Lion)

P.E

Free hand exercise

Yoga asanas (standing & sitting) [vibe x practices]

Baton relay

Zig zag relay with the ball