



**Chowgule Education Society's
St. Joseph's Institute, Primary
Monthly Syllabus – Year 2026-27**

Month: June

Class: 1

<u>English</u> Revision recall, read and write ● Uppercase A-Z ● Lowercase a-z ● two letter words (an, am, at, as, in, if, is, it, on, of, ox) ● three letter words (a, e, i, o, u) Poem A Happy Child Grammar Introduction to Naming words(Nouns)	<u>Hindi</u> प्रार्थना - हे! भगवान तुझे प्रणाम गाना - बारिश आई छम छम छम , मछली जल की रानी, लाला जी ने केला खाया। चित्रकथा - टोपीवाला और बंदर स्वर की जानकारी एव परिचय अ , आ	<u>Marathi</u> प्रार्थना - सर्वे भवन्तु सुखिनः , हे ईश्वरा, सर्वाना चांगली बुद्धी दे. गाणी - ये रे ये रे पावसा, ये गं ते गं सरी, पाऊस आला. गोष्ट - सिंह आणि ससा
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Math

Revision

recall, read and write

- Forward counting numbers upto 100
- Backward counting numbers 50-1
- Number Ordering (Smallest to Greatest / Greatest to Smallest)
- Missing Numbers (Forward & Backward)

Activity- My backward number train

- Introduction to Number names (Recall and write)
- Number Names (One–Twenty)

UOI

Transdisciplinary Theme - Who we are

Central Idea - People grow and change as they learn new things over time

Lines of Inquiry

- 1.How we grow physically
- 2.How we learn and develop new skills
- 3.Learning influences what we can do

Introduction to the Unit of Inquiry (UOI)

Introduction to IB PYP Terminology:

- Transdisciplinary Theme
- Central Idea
- Lines of Inquiry

LOI 1.How we grow physically

- KWL Chart
- Wonder wall

Provocation Activity:

- Observing Things That Grow Around Us
- Baby Picture Discussion and Reflection

How have I grown physically

- Comparing Ourselves as Babies and Now

- Activity: **Baby Me vs. Me Now**

Activity- My Growth Chart

- Physical Growth (Height, Appearance)

ATL Skills

- Thinking skills
- Communication skills

Learner profiles

- Inquirer
- Reflective

ICT

Introduction to Computers

- Parts of a Computer (Monitor, CPU, Keyboard, Mouse)

Introduction to the **Paint** Application

- Drawing Basic Shapes (Circle, Square, Rectangle, Triangle, Oval)
- Filling Shapes with Colours
- Creating a Simple Picture Using Shapes

Art

Topic: Drawing Myself

- Explored key concepts: **Form** and **Perspective**
- Drew their own face using pencil and oil pastel.
- Made independent choices about how to represent their own features
- Developed **ATL skill — Self-management**: making creative decisions independently
- Developed **ATL skill — Communication**: expressing personal identity through visual marks
- Demonstrated **Learner Profile** attributes: **Reflective** and **Communicator**

Indian Music

- Vocal Warm-up
- Alankar (Sa Re, Re Ga)
- Introduction to Sangeet (Gayan, Vadan, Nritya)
- Hua Savera
- Hum Honge Kamyab

- Namaste song (1st four lines)
- Dynamics (Soft & Loud)

Western Music

Song- The me inside me

Beat- Clap beat 'Common Time'

Dance

- Basic Steps: Stand, walk, march, clap, step right & left, jump, turn, freeze.
- Action Dance: *"Put Your Hands in the Air"*
- Raise hands up and down.
- Wave hands.
- Clap to the beat.
- March in place.
- Step side to side.
- Jump with both feet.
- Turn around slowly.
- Follow simple actions with music.
- Smile and dance with confidence.

Learning Outcome: Develop rhythm, balance, coordination, listening skills, and confidence through action-based dance.

Yoga

Warm-up

Breathing exercise : Balloon technique

Standing Asanas : Tadasana, Urdhatadasna,

Hasta uttanasana, Padahastanasana

Meditation : Learners focus on their inhalation and exhalation while counting backward from 20 to improve concentration and mindfulness.

Library

Students were introduced to library usage and learned how to handle and care for books. They enjoyed a story session and made a paper bookmark as a fun creative activity to encourage reading and a love for books.

PSPE

- Basic Commands
- Introduction to Warm-up and cool down Exercises
- Warm-up Games
- Basic Movement Skills
- Safety and Fair Play