



**Chowgule Education Society's
St. Joseph's Institute, Primary Section
Monthly Syllabus – Year 2026-27**

Month: July

PY 4

ENGLISH

Poetry

Run

Prose

The Dot by Peter H. Reynolds

Grammar

Punctuation

Countable & Uncountable Nouns

Comprehension Passage

The Bear and the two Travellers

Read Aloud

Kavery and the Thief 'Doctor, Doctor'

Sentence dictation

Reflective Writing

HINDI

- पाठ वाचन: स्वामी विवेकानंद (भाग-2)
- लेखन: नए शब्द, प्रश्न-उत्तर
- माइंड मैप व वाक्य रचना: वन महोत्सव
- व्याकरण: विराम चिन्ह – अर्थ, प्रकार और उदाहरण (भाग १)

MARATHI

- गोष्ट - गुरुपौर्णिमा
- उतारा वाचन - वनमहोत्सव (वाचन आणि लेखन)
- वर्ग उपक्रम - नाटिका: झाडांचा वाढदिवस
- कथा - गुलाबी सई (वाचन, शब्दार्थ आणि लेखन)

MATH

Topic: Number Sense – Numbers up to 9,99,99,999

- Place Value
 - Face Value
 - Expanded Form
 - Comparing & Ordering Numbers ($>$, $<$, $=$)
 - Predecessor & Successor
 - Odd & Even Numbers
 - Number Names
 - Indian & International Number Systems
 - Rounding Off Numbers
1. Nearest Tens
 2. Nearest Hundreds
 3. Nearest Thousands

UOI

Transdisciplinary Theme: Who We Are

Central Idea: Interdependence of human body systems enables the body to function effectively.

Lines of Inquiry:

LOI1-Structure and function of human body systems

LOI-2Relationship between a healthy body and mind

LOI3-Our responsibility towards wellness

Learning Experiences

- Researched on Digestive, Respiratory, Circulatory, Nervous, and Skeletal systems to understand their structure, functions, and interdependence.
- Explored how maintaining physical and mental well-being contributes to a healthy lifestyle.
- Developed research, communication, and collaboration skills by working in groups and sharing findings.
- Reflected on personal responsibility towards wellness by identifying healthy habits and taking meaningful action.

- Activities Conducted

- Computer Lab Research on Human Body Systems
- Group Research on Different Body Systems
- Group Presentations on the Digestive, Respiratory, Circulatory, Nervous, and Skeletal Systems
- Class Discussions on Mental Well-being and Healthy Lifestyle Choices
- Action Activity on Promoting Personal Wellness

ICT

ART

Unit: Stick Figures + Warli Art

- Explored key concepts: Form, Connection and Perspective
- Began with live figure drawing — student volunteers posed while teacher drew on board
- Learned structural figure drawing: shoulder lines, hip lines and limb lines
- Understood the difference between static and dynamic figures through contrasting axis lines
- Introduced to Warli art — a tribal art tradition of the Warli people of Maharashtra, India
- Researched Warli art independently and shared findings in class
- Studied Warli visual language — geometric figures made from circles, triangles and lines
- Began sketching a personal Warli scene from a freely chosen scenario
- Scenarios included: village festival, wedding celebration, harvest, fishing village, children playing, market day, Goan festival in Warli style and school day
- Explored Visual Arts elements: Line and Shape
- Explored Visual Arts concepts: Composition, Pattern, Context, Technique
- Developed ATL skill — Thinking (critical + creative): connecting structural figure drawing to a cultural art tradition
- Developed ATL skill — Research: independently researching Warli art and sharing findings
- Demonstrated Learner Profile attributes: Knowledgeable, Open-minded and Reflective

INDIAN MUSIC

- Alankar
- Dynamics (Soft & Loud)
- Patriotic Song – "सबसे न्यारा देश ये"
- Prayer – "हीच अमुची प्रार्थना"
- Singing the Prayer Hich Amuchi Prarthana with:
 - Musical Expression (Emotions in Singing)
 - Dynamics (Soft & Strong Singing)
 - Voice Projection
 - Expressive Singing
- Inquiry: How can music express emotions and inspire people?

WESTERN MUSIC

Overview:

Core Rhythm Concept: 4/4 (crotchet notes).

Percussion Instrument/s: Body percussion, Tambourine and Djembe Drums

Learning Status: Ongoing development

Songs: To develop pitch, tempo, phrasing and vocal expression.

The Beat: 4/4 Common Time

Body Percussion: Clap beat for steady pulse.

Playing in time with songs.

Instrument Application:

(1)- Tambourine: Basic grip and strike patterns

(2)- Djembe Drums: Basic beat, hand techniques and tone production.

Playing in time with songs.

Ensemble playing: Group of three percussionists and choir singing

Integration: Applied beat to singing: To build pitch, tempo, and coordination.

DANCE

- Advanced dynamic movements focusing on posture, balance, body control, levels, and directions.
- Five elements of dance: Body, Space, Time, Energy, and Relationship.
- 8-beat rhythm patterns, timing, coordination, and musical understanding.
- Anga Bhramari and Tandav-inspired movements.
- Expression and Abhinaya through strength, confidence, and grace.
- Synchronization, formations, stage presence, and discipline.
- Advanced body coordination, balance, flexibility, and movement control.
- Connection between rhythm, energy, and expression in dance.

YOGA

- Warm-up with joint rotations, stretching, spinal movements, balance, and light jogging.
- Surya Namaskar with breath awareness, posture alignment, and smooth transitions.
- Controlled breathing with slow inhale, hold, and exhale patterns.
- Virabhadrasana II, Trikonasana, Setu Bandhasana, and Balasana.
- Strength, stability, flexibility, and body control through yoga postures.
- Guided mindfulness, relaxation, and silent breathing meditation.

LIBRARY

- Van Mahotsav: The Tree Lady – Explored the importance of trees, forests, and caring for the environment.
- Weather: Explored different weather conditions through stories and discussion.
- Natural Disasters: Explored encyclopaedia books and researched earthquakes, floods, volcano eruptions, cyclones, and landslides.

PSPE

- **Athletics** - Warm-up and cool-down, Safety rules, Running technique, Sprint start, Relay exchange, Standing broad jump, Throwing, Fitness and endurance.
- **Kho-Kho** - Court, Rules and regulations, Sitting posture, Giving and receiving kho, Chasing techniques, Dodging techniques, Pole turn, Team strategies, Mini matches, Fair play and sportsmanship.
- **Recreational games** - Team-building games, Fun fitness games, Fair play and sportsmanship and Reflection and teamwork skills.