



**Chowgule Education Society's
St. Joseph's Institute, Primary Section
Monthly Syllabus – Year 2025-26**

Month: March

Class: 4

English

1. Verbs
2. Adverbs
3. Reading comprehension
4. Tenses
5. Conjunctions
6. Prepositions
7. Creative writing - Night Out/Secondary School Visit

Hindi

अपठित गद्यांश - पेंसिल की कहानी
वाचन - आधा पुरस्कार
पुनरावृत्ति - कविताएँ

Marathi

व्याकरण - क्रियापद आणि काळ (ओळख, स्पष्टीकरण आणि उदाहरणे)
वर्णनात्मक लेखन - माझी शाळा (माईड मॅप आणि वाक्यरचना)
उतारा वाचन - खेळ

Math

1. Continuation - Construction Angles, triangles and circles.
2. Perimeter - Rectangle and square.
3. Decimals - place value system in decimals, representation of decimals to fractions & fractions to decimals.
4. Decimals in real life. Relationship of decimals, measurement and money.
5. Standard units of measurement.
6. Addition & subtraction of money in real life.
7. Introduction to Triangles
8. Construction of equilateral Triangles

UOI

Theme: How the World Works

Central Idea : Understanding forces and energy helps explain how things work.

Lines of Inquiry

1. How forces cause motion and change
 2. Different forms of energy and how energy changes
 3. How understanding forces and energy helps people design and improve tools and systems
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Topics Covered

- Push and pull forces
 - Balanced and unbalanced forces
 - Friction and gravity
 - Potential and kinetic energy
 - Forms of energy (light, sound, thermal, electrical, chemical, solar, wind, hydro)
 - Energy transformation
 - Systems using energy (fan, windmill, solar panel, hydroelectric dam)
 - Renewable and non-renewable energy
 - Conservation of energy
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Activities Conducted

- Inquiry discussions to explore prior knowledge and build understanding
- KWL activity to identify students' thinking and questions
- Outdoor investigation stations to observe forces in action
- Pulse rate activity to understand energy transformation in the human body
- Research and Presentation - Forms of energy -
- Research and Presentation - Energy transformation

- ICT research and presentations on energy systems
- Station activity and concept mapping to connect learning
- Video-based discussions to reinforce understanding
- 3D model making activity to apply learning about forces and energy in systems
- Conservation activity - (Posters and creative writing)

Skills Developed :

- Critical thinking and problem solving
- Research skills
- Communication and presentation skills
- Collaboration and teamwork
- Reflection and self-awareness
- Responsible use of energy

Computers

Application: MS Excel

Function: SUM

Objective: To calculate the total (sum) of a selected range of cells using the SUM function.

Applications: Google Chrome, Google, PowerPoint

Activity: Group Research & Presentation for the UOI

Topic: Types of Energy (*Each group was assigned one type of energy*)

Students researched the following:

- What the assigned type of energy was
- Examples of that type of energy

Students prepared a PowerPoint presentation based on their findings.

Art

Topic- one point perspective

Learning Outcome- Students learned how artists and architects use one-point perspective to create the illusion of depth and three-dimensional space on a flat surface. They identified the horizon line, vanishing point and converging lines in artworks and technical drawings. Students applied these principles to

draw three subjects — a city skyline, geometric cubes and a railway track — each demonstrating how one-point perspective works across different contexts.

Skills Learned- Identifying horizon line and vanishing point; drawing converging lines accurately using a ruler; applying perspective rules to geometric forms (cubes); creating depth in architectural drawing (city); showing distance and recession in a landscape (railway track); pencil and ruler technique

Concepts- process, technique, display, expression, interpretation

Indian Music

- Warm-up exercise (different types of sound)
- Alankar
- Haste Gaate hum Haste Gaate
- Mamachya Gavala Jauya
- Revision of the songs done previously

Western Music

Solfeggio Claps -----: To build Physical and Visual coordination

-----: Reinforce musical rhythm

Rhythmic Training - - -: Simple steady 4 Audible claps in 4/4 beat

Solfeggio claps & strokes (Beat Pattern)-: 2 Audible claps and 2 Silent claps in 4/4 beat

Pitch-: High and Low sound

Tempo-: Speed of the music

Latin Notations-: DO-RE-MI-FA-SOL-LA-SI-DO

English Notations-: C-D-E-F-G-A-B-C

Dynamics-: How Loud or Soft (Getting Louder or Getting Softer)

Expression-: Happy or Sad (The Feeling/Story)

Revision of songs

Dance

- Advanced Body Coordination – Practice controlled turns, jumps, and complex movements.
(Demonstrates refined coordination and control)
- Rhythm & Timing – Perform sequences with varied tempo and beat patterns.
(Maintains rhythm and timing accurately)
- Choreography Skills – Learn, practice, and perform longer dance routines.
(Remembers and executes choreography confidently)
- Creative Expression – Create movements to express ideas, emotions, or stories.
(Expresses ideas and emotions creatively through dance)
- Space, Levels & Dynamics – Use directions, levels, speed, and force to enhance performance.
(Applies space, levels, and dynamics effectively in dance)

Yoga

- Warm-up Exercises – Dynamic stretches, gentle twists, and light cardio movements to prepare the body.
(Prepares body for yoga)
- Breathing Exercises – Practice “Belly Breath,” “Flower Breath,” “Snake Breath,” and counting breaths for longer duration.
(Develops controlled and mindful breathing)
- Asanas – Poses like Mountain, Tree, Cat-Cow, Cobra, Warrior I & II, Bridge, and Triangle Pose.
(Performs yoga poses with correct alignment and focus)
- Balance, Strength & Flexibility – Hold poses longer, include gentle core-strengthening movements.
(Enhances balance, strength, and flexibility)
- Meditation & Relaxation – Guided meditation, visualization, and body scan relaxation for focus and calm.

Library

- Salt Story & Dandi March

(Understanding the importance of salt through storytelling and learning about Mahatma Gandhi and the Dandi March)

P.E

Chart making on team sports, nutrition, track and field events , strength and fitness

Skill drills for passing , movement and dribbling