



**Chowgule Education Society's
St. Joseph's Institute, Primary
Monthly Syllabus – Year 2026-27**

Month: July

PY 1

<u>English</u>	
Revision	
recall, read and write	
three letter words (a, e, i, o, u)	
Prose	
I Am Growing	
Poem	
Rain	
Grammar	
Revision Naming words	
Singular-Plural	
This/That	
Introduction to These/Those	
<u>Hindi</u>	
- जानकारी: गुरु पूर्णिमा - गीत: नानी तेरी मोरनी, स्वर गीत (भाग-1) - पुनरावृत्ति: अ, आ - नए स्वर: इ, ई, उ, ऊ, ऋ – पहचान, शब्द एवं लेखन कार्य।	
<u>Marathi</u>	
- गाणे - एक होती इडली - गोष्ट - गुरुपौर्णिमा आणि उंटाचे पिल्लू - स्वर ओळख - अ आ इ ई उ आणि ऊ	

Math

Revision

- Forward counting
- Backward counting
- Number names

One-Digit and Two-Digit Numbers

- Introduction to one-digit numbers (0–9)
- Introduction to two-digit numbers (10–99)
- Identifying one-digit and two-digit numbers

Introduction to Tens and Ones

- Understanding the concept of 1 (one unit)
- Understanding the concept of 10 (one group of ten)
- Grouping objects into bundles of ten
- Counting bundles and leftover ones
- Drawing bundles (sticks) for tens
- Making numbers using tens and ones
- Creating their own numbers and representing them with tens and ones

Big and Small Numbers (Greater and Smaller Numbers)

- Introduction to big and small numbers.
- Compare numbers using pictures and objects
- Compare two numbers and identify the bigger number.
- Compare two numbers and identify the smaller number.
- Circle the Greatest/Smallest Number (Worksheets)

UOI

Transdisciplinary Theme-Who We Are

Central Idea-People grow and change as they learn new things over time

Lines of Inquiry

- How we grow physically
- How we learn and develop new skills
- Learning influences what we can do

Learning Engagement

- **See, Think, Wonder**
 - Observe a picture and share ideas using the See–Think–Wonder routine.
 - Develop observation and thinking skills.
- **Skills Mind Map**
 - Hands-on activity like buttoning shirt tying shoelaces and folding shirt
 - Create a mind map of "Skills I Know."
 - Identify and discuss personal skills.
- **Reflection on Skills**
 - Reflect on which skills were easiest to perform.
 - Identify skills that were more challenging and explain why.
- **T-Chart Activity: "What I Could Do" and "What I Can Do Now"**
 - Compare past and present abilities.
 - Recognize personal growth and progress.
- **Timeline Activity**
 - Arrange events in sequence using guided questions.
 - Understand the concept of growth and change over time.
- **Self-Assessment Checklist**
 - Classify skills as Yes, Sometimes, or Not Yet.
 - Reflect on current learning and areas for improvement.
- **Unit Recall**
 - Review and summarize the key concepts and learning from the entire unit.
 - Share reflections and celebrate personal growth.

ICT

- Word
- Typing letters and Numbers
- Writing your name

Visual Arts

Unit: Introduction to Stick Figures

- Explored key concepts: **Form** and **Connection**
- Introduced to stick drawings through teacher demonstration on board
- Drew freely using only straight lines on small paper — own ideas, no reference

- Explored forms independently using toothpicks on the table surface
- Built minimum 2 stick figures using toothpicks and PVA glue on black paper
- Used board reference of 3-4 poses to guide toothpick figure construction
- Explored **Visual Arts elements: Line and Shape**
- Developed **ATL skill — Thinking (creative)**: generating original ideas using sticks and lines
- Developed **ATL skill — Self-management**: handling materials carefully and working independently
- Demonstrated **Learner Profile** attributes: **Inquirer** and **Risk-taker**

Indian Music

- Vocal Warm-up
- Alankar (Sa Re, Re Ga)
- Introduction to Sangeet (Gayan, Vadan, Nritya)
- Hum Honge Kamyab
- Dynamics (Soft & Loud)
- Types of Music in India (Classical, Folk, Devotional, Film music)
- Hich Amuhi Prarthana (verse-Dharma jati)

Western Music

Overview:

Core Rhythm Concept: 4/4 (crotchet notes).

Percussion Instrument/s: Body percussion and Tambourine.

Learning Status: Ongoing development

Songs: To develop pitch, tempo and vocal expression.

The Beat: 4/4 Common Time

Body Percussion: Clap beat for steady pulse.

Playing in time with songs.

Instrument Application: Tambourine: Basic grip and strike patterns in 4/4.

Playing in time with songs.

Integration: Applied beat to singing: To build pitch, tempo, and coordination.

Dance

Basic Steps:

- Stand, walk, march, step right & left, tap feet, turn, and freeze.
- Simple Kathak footwork patterns in 4 beats.
- Explore rhythm through basic tatkar (foot movements) with hand coordination.
- Folk Dance .

Yoga

Warm-up exercises

Standing Asanas: Katichakrasana, Tiryak Tadasana

Sitting Asanas: Dandasana, Janu Sirsasana

Breathing Exercise

Meditation

Library

Story:-

Van Mahotsav (The Baobab Tree)

Focus :- Importance of trees, caring for nature and environmental awareness.

Guru Purnima (The sage of wisdom)

Focus:- Origin of Guru purnima, respect of gurus and importance of knowledge and learning.

Friendship Day (Krishna and Sudama)

Focus:- True friendship, kindness, loyalty and helping one another.

The Invisible Boy

Focus:- Inclusion, building friendship, kindness and Making others feel valued.

PSPE

- **Recreational games**-Team-building games ,Fun fitness games ,Fair play & sportsmanship and Reflection and teamwork skills.
- **Developing Body awareness** - Parts of the body game.